

# Miss Teen Newfoundland & Labrador

**Laura Woodworth**



**Age:** 17

**Education:** Grade 12, Exploits Valley High

**Current Academic Average:** 93

**Career Goal:** Pediatric Surgeon

## **Special Training:**

- Summer French Camp (Notre Dame de Foy, St. Augustine de Desmavres, Quebec – 2005)
- Private Piano Lessons
- Private Vocal Lessons
- Encounters with Canada (November 2006)
- Medquest (Memorial University, 2006)
- Karate Lessons
- Cheerleading Stunting Clinic (Newfoundland and Labrador Cheer Athletics) 2007
- Drivers Education (Safety Council) 2007
- Provincial Student Leadership Conference 2005
- Concurrent Studies (College of the North Atlantic) September 2007-present
- Peer Mediation 2004

## **Awards & Contests:**

- Miss Grand Falls-Windsor / Exploits Valley High 2007
- Laura Blackmore Award (Kiwans Music Festival)
- Karate Medals
- Principal's List (Honors with distinction) – Exploits Valley High 2005-present
- Member of the 2<sup>nd</sup> place team for Research Presentations (Medquest July 2006)
- Member of the Band Mascara (1<sup>st</sup> place winners of the central Battle of the Bands (2005), 3<sup>rd</sup> place and best vocal winners of the central Battle of the Bands (2006), profiled on CBC radio morning show (2006)

## **Volunteer Work:**

- Youth Volunteer for Central Health Carmelite (2007-present)
- Babysitting (2002-present)
- Tutoring for Tuition (2005-2006)
- Server at the Special Olympics Reception (2004)
- Peer Mediation (2004)
- Usher for the 2007 Exploits Valley High Graduation
- Youth worship and activity leader within the Evangel Pentecostal Tabernacle (2002-2006)
- 30 Hour Famine (2006)
- Member of the Band Mascara (involved in numerous local benefit concerts such as Toys for Tots, S.P.C.A benefit concert, Keep the Beat, World Vision benefit concerts, etc. as well as community functions, such as the Miss Grand Falls-Windsor / Exploits Valley High pageant (2006) and the Grand Falls-Windsor Salmon Festival dinner and Family Day celebrations (July 2006)

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## Extra-curricular Activities:

- Exploits Valley High Cheerleading (2005-present)
- Captain of the Exploits Valley High Spirit Squad Cheerleading (2005-present)
- School Band (2005-present)
- School Choir (2005-2006)
- Bel Cantos Singers (2002-present)
- Member of the Exploits Valley High Math Team (2007-present)
- Member of the Exploits Valley High Envirothon Team (2007)
- Member of the Exploits Valley High Graduation Steering Committee (Graduation 2008)

## Sports & Hobbies:

- Cheerleading
- Soccer
- Singing
- Piano
- Biking
- Travelling
- Reading
- Writing
- Performing
- Fashion
- Learning new instruments

## Travel Experience:

- Florida
- Alaska
- Alberta
- British Columbia
- Northwest Territories
- Yukon Territories
- Quebec (French Camp)
- Nova Scotia
- Prince Edward Island
- Ontario (Encounters with Canada)
- Across Newfoundland

## Languages:

- English and French